

St Mary's Catholic School Ellerslie

We provide a Catholic Education for the whole child.

St Mary's Catholic School Cross Country 2018 Tuesday 14th August



'Cross country running is a sport in which teams and individuals run a race on open-air courses over natural terrain such as dirt, grass and mud!'

This year, for the first time, our **Cross Country will be held at Michael's Avenue Reserve**. Our priority is for the runners to experience the day in a fun and inclusive manner, whilst maintaining an orderly and safe environment. Taking 392 learners out of school is a huge responsibility for the staff and whilst we highly encourage you to come along and support, we request that you remain in the **designated space for spectators** as children will be seated, with their teachers, on a different part of the course. We do not wish parents and whanau to be in this area.

Year 3 - 6 students are expected to wear their St Mary's P.E. uniform, with an option of a plain coloured T shirt to reflect their House colour. Younger students can wear sports gear suitable for running in wet, and very muddy terrain. Children can choose whether to run with sneakers or barefoot.

This is a natural terrain course (much like what the learners experience at the zones), so if you are a volunteer marshal please wear **gumboots**. Spectators may wish to bring a **fold away chair or blanket** to sit on, as there is no formal seating. Parking is available on the street both on Michaels Ave and Amy street, and in the bottom car park only. Please leave the top car park for the YMCA patrons. There will be **sausages and sweet products on sale** for children and spectators alike, and should you wish your child to purchase something we ask you give them the money as their teacher will be escorting children to the bake sale area. Bake sale items range in price from 50 cents to \$2. If you wish to purchase a sausage sizzle, these are to be pre ordered in the morning. Send the \$2 in with your child and their teacher will order for them.

When children are finished their race they are able to go home with a parent/caregiver. If you are staying on to watch other races your child will be required to stay with their peers in the seating area and when you are leaving the venue, then your child will be released. Children are not to be released to parents and then allowed to play or wander around the venue. Last year there were two children who did this and they were then left behind and other parents had to return them to school. Our PTA are supporting the event with raffles, bake sale, sausage sizzle and coffee! Come along, enjoy the day, support the PTA and most importantly your children and their teachers. **Races start at 11am. Lunch break is approx 12.20pm -12.50pm, then recommence with Year 3.**

Details:

The main course is 800 metres. Races start with Year 6 at 11am

Years 5/6 – 2.4 kilometres: 3x around the course

Years 3/4 - 1600 metres: 2x around the course

Year 2 – 800 metres: 1x around the course

Years 0/1 – 600 metres



Please note the arrangements for the day and times are for the teachers to ensure organisation is optimum. We cannot guarantee these as exact times or distances. Have fun!

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